

## How long is this course?

The course should take you approximately three hours to read through all sections, watch each of the video clips, as well as complete the quizzes. It will depend on your rate of learning and may be longer or shorter.

## **Outcomes**

After completing the program, you will be able to:

- 1. Know that there are various communication styles
- 2. Barriers to communication
- 3. Communicate more effectively in complex situations
- 4. Reflect an understanding of individual differences and needs

